Rear shock

Supply	OK
New shock	
Grease	

Action	OK
Clear access to upper and lower shock screws	
Untighten it	
Remove used shock	
Install new one	
Put grease on axis and install it	
Tighten with specified torque	
If there are deported commands, install it taking care of hoses	
Reinstall fairing, tank, wheel	
Adjust settings after road test	

Other operations checklists are available on : http://www.trackandroad.net/fiches_mecanique_eng.html